

ABSTRACT OF THE DISCLOSURE

5 A personalized health video system, method and apparatus which comprises the
components of: a personal data collecting device, Internet enablement device, information
system, video serving device, server operating system, user operating system, graphical
creation device, viewing device, audio device, relationship generating device, script
generating device, charts generating device, chart reviewing device, and video library
device; the components arranged and interconnected and enabled in an operating
10 personalized health video system.